

GOLD COAST AIRPORT MARATHON

July 6th, 2008

The Sports Department would like to coordinate a team of runners and walkers to enter the 2008 Gold Coast Airport Marathon.

The events available at the GC Airport Marathon are the 42km Marathon, 21km Half Marathon, 10km Run, 7.5km Walk and 2.25/4km Junior Dash. For more information on all the events, please visit <http://www.goldcoastmarathon.com.au>
By entering as a school group we receive a 10% discount if we get over 20 entrants.

Presently Dr. Rob Gilfillan (Level 4 Middle Distance Coach with Australian Track & Field Coaches Association with 25 years of coaching experience) is conducting running training sessions for year 4-12 students on Tuesday and Thursday mornings, leaving the Top Car Park at 7.00am.

Mr. Andy Manion (40+ years of Walking experience!) would like to add a Walking Group for interested students, parents and staff. We would also depart at 7.00am, but take a slower approach to the training, returning from our walk between 7.45 and 8.00am. See Walking Group dates below. Any children in Prep to Year 3 MUST be accompanied by a parent for the whole session.

WALKING GROUP TRAINING DATES Term 2;

Week 4	Tuesday 13th	Thursday 15th May
Week 5	NOT Tuesday	Thursday 22nd May
Week 6	Tuesday 27th May	NOT Thursday
Week 7	Tuesday 3rd June	Thursday 5th June
Week 8	Tuesday 10th June	Thursday 12th June
Week 9	Tuesday 17th June	NOT Thursday
Week 10	Tuesday 24th June	NOT Thursday

School Holidays - I'll leave training to you in your own time.

Sunday July 6th - The Big Day!

More information and entry forms are available from the Sports Office or at Walking Club sessions.

Mr Andy Manion
Head of Sport